

Concussion Management Check List – Team/Club

If a player at your Club has been injured and has **suffered a potential head injury or concussion**, you **MUST** follow the information detailed in the AIS Concussion in Sport protocols.

All players who suffer a suspected concussion are to seek the highest level of medical care reasonably available to ensure it is managed appropriately.

If diagnosed/confirmed by a medical professional as having suffered a concussion, the minimum time frame for return to play/train are **14 days**.

The check list actions outlined below are provided to assist the player in meeting their obligations and requirements relating to the AIS Concussion in Sport protocols.

STEP	ACTION	COMPLETE
1	Record	
	Ensure injury is noted on the Official Scoresheet	<input type="checkbox"/>
	Notify the IHNSW Executive Officer of a potential head injury or concussion occurrence via the online form at www.ihnsw.com.au/concussion	<input type="checkbox"/>
	Concussion coordinator to keep record of incident	<input type="checkbox"/>
2	Record & Refer	
	Complete Section 1 of the 37382_Concussion-referral-and-clearance-form-FA-acc form along with the IHA Injury Form	<input type="checkbox"/>
	Provide 37382_Concussion-referral-and-clearance-form-FA-acc form along with Head Injury Fact Sheet to player	<input type="checkbox"/>
	Remind player they must be referred to a medical doctor within 24-48 hours of suspected injury where possible or as soon as practical afterwards – or if experiencing any Red Flag symptoms, immediately attend the nearest Emergency Hospital, or ring 000 for an Ambulance	<input type="checkbox"/>
3	Rest & Recover	
	Confirm player has been assessed by a medical doctor and can progress through Graduated Return to Play Protocol	<input type="checkbox"/>
	NOTE: The minimum time between stages is 24 hours. Although children and adolescents may require a longer period of time between stages.	
4	Return to Full Contact Training & Play	
	Ensure all sections of the completed 37382_Concussion-referral-and-clearance-form-FA-acc form has been completed	<input type="checkbox"/>
	Submit completed 37382_Concussion-referral-and-clearance-form-FA-acc form to IHNSW Executive Officer via the online form at www.ihnsw.com.au/concussion as evidence to approve a return to full contact training and play	<input type="checkbox"/>
	NOTE: Failure to complete any section of this form will result in the player being excluded from full contact and training	