

Concussion Injury Management Workflow

STAGE 1

On the Day of Injury

Recognise Concussion signs and symptoms

Team Officials | Medical Staff | Match Official
Player | Parent/Guardian

Remove Athlete from play

Team Officials | Medical Staff | Match Official

Record Suspected concussion

Team official to complete Referral and Return Form –
Section 1.
Referral and Return Form and Head Injury Fact Sheet
given to athlete/guardian.

Refer Medical assessment

Medical Doctor assessment. Confirmation of concussion
and if further investigation required. Advice and guidance
on their progress over the remaining steps in the process.
Completion of Section 2 of the Referral and Return Form.

STAGE 1

On the Days Following Injury

Rest

Complete rest followed by relative rest of the
brain and body.

Recover GRTP Stages 1 – 4

the focus in the recovery phase is about getting back to
normal life, school, study or work, etc.

Record and return to contact training

Athlete requires a further assessment and clearance by a
medical doctor prior to returning to contact training.
Completion of Section 3 of the Referral and Return Form.

Return to play - GRTP Stage 6

Athlete can only return to play when they have fully
recovered from concussion.

Case review

ALTERNATIVE DIAGNOSIS – Medical doctor identifies an alternative diagnosis to explain the players signs and symptoms and provides a written confirmation of findings.

REPORTING ERROR – Where there is no evidence to suggest the player suffered a concussion the is updated to 'not confirmed' and the player may return to contact training and match play.